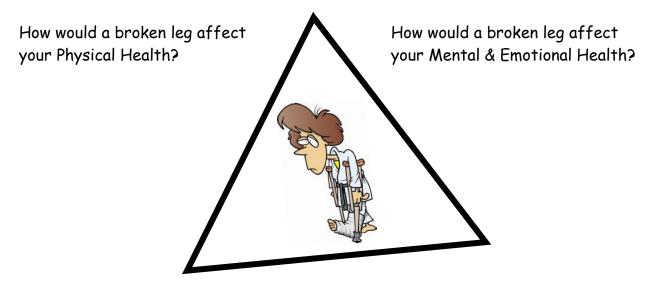
Health	Skills Handbook Part 1
Health	Triangle Worksheet

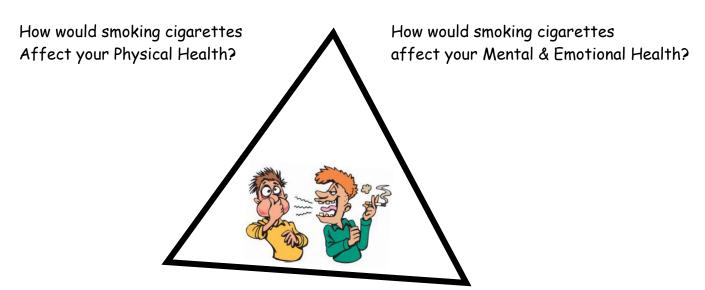
Vame:	
Date:	Period:

EXAMPLE 1:



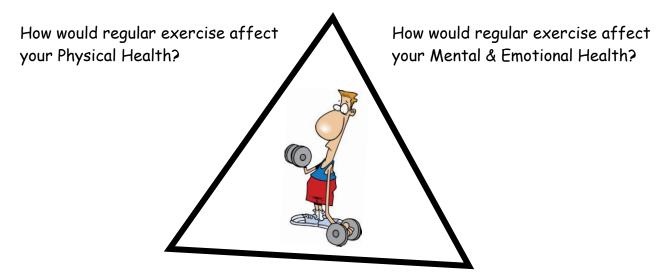
How would a broken leg affect your Social Health?

Example 2:



How would smoking cigarettes affect your Social Health?

EXAMPLE 3:



How would regular exercise affect your Social Health?

